

Dance instructions for Santa Barbara Winter Dreams Ball 2026

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The Chocolate Equation

4 couple longways set 4/4 G Brooke Friendly & Chris Sackett, 2009 B3 p29

- A1 Partners Sharp siding. Partners Sharp siding with other shoulder.
- A2 Ends circle hands four round and back, and face neighbor.
- B1 R shoulder parallel heys on the sides.
- B2 1s and 2s R-hands across halfway
1s and 3s L-hands across halfway
1s and 4s R-hands across halfway
All partners L-hand turn halfway

Dancing Wife

Longways duple minor 2/2 Am Gary Roodman B2 p27

- A1 1s lead down through 2s, cast back to place.
- Circle with (previous) 2s above.
- A2 2s lead down through couple just circled with, cast back to place.
- Circle with (original) 1s above.
- B1 1st corners change; 2nd corners change.
- Change with (same gender) neighbor, R shoulder.
- All turn single R.
- B2 Face partner, 2 changes of Rights & Lefts.
- Turn partner 2 hands once round.
- Teaching Note: Standing couples face DOWN for circles.

Dusty Miller

3 couple longways set 3/2 G Neal, c.1726 Interpretation Jackson and Fogg 1990 B1 p33

- A1&2 1s track: 1s lead through the 2s (2s stepping up), turn towards each other to face up and cast below the 3s. 1s turn 2 hands, cast up one place to end in the middle of the set, facing 1st corner.
- B1&2 Corner-partner: 1s turn 1st corners R, partner L, 2nd corners R, partner L.
- Again, end facing 1st corner.
- A3&4 Set & turn corners: 1s and 1st corners, step rt and honor then 2 hand turn. 1s pass L sh to repeat with 2nd corners. 1s end in middle place on P's side, facing their 1st corners.
- B3&4 Heys: 1s begin with 1st corners, L sh hey for 3 on their P's side.
- 1s meet in middle to turn 2 hands 1½ to bottom place while 3s cast up.

Fandango

3 couple longways set 6/8 D Thompson, 1774 Interpretation Porter, Heffer & Heffer, 1931 B1 p38

A1 1s turn once by the R, face up, cast one place, 2s moving up.

A2 1s turn once by the L, face up, cast to bottom, 3s moving up.

B1 All slip circle L & R.

B2 1s lead up to the top and cast to 2nd place, 3s moving down.

1s turn single downward (buttonhook).

A1&2 1s turn 1st corners two hands, then partner, 2nd corner, partner, accelerating into

B1 Figure 8s across the dance starting R shoulder around 2nd corner--1st woman around the 3s, 1st man around the 2s. End in middle place on own sides.

B2 1s switch ends for heys across the dance, starting L shoulder to 1st corner.

1s lead to the bottom, 3s moving up.

Foxfire

Longways duple minor improper 6/8 Dm Steve Sargent, 2009 B3 p63

A1 Circle L halfway; cast back one place over L shoulder.

Women cross L; men cross L.

A2 Circle R halfway; cast back one place over R shoulder.

Women cross R; men cross R. All are home.

B1 Double mad robin (clockwise, Women on 1st corners to inside).

Partners set & turn single to face neighbor.

B2 Neighbors R shoulder round along the line, then pass R to progressed place.

New neighbors back to back.

Teaching Note: In the As, Women cast up or down the line, men cast across the set. Each time you cast back, you end on a corner. Men can either loop wide to cross around the man from the other minor set, or the lines need to be spacious for the men to have room to cast across.

Notice whether you're starting on the first diagonal. You won't always be in this position, but you will always initiate the corner crosses. And you will cast back up and down the line. 2nd diagonals, you will cast back across the set, and you will do the second corner cross.

Freeford Gardens

Longways duple minor 2/4 G Kathryn and David Wright, 1980 B1 p42

A1&2 All set forward R & L to partners, turn single, pass face to face and loop L to face partner (All improper). Repeat to places.

B1 1s half figure 8 down through 2s. 2s half figure 8 up through 1s.

B2 Circle halfway round and fall back on the sides. Turn partner 2 hands.

Halsway Manners

3 couple set 6/8 G Mary Devlin, 2000 B2 p55

A1 Lines of 3 dance forward and back.

End couples dance back to back, while middle couple R shoulder round 1½ until 2W faces first corner (1M) with her partner behind her.

A2 Dolphin hey on the men's side (W2 and 1M pass R).

B1 Dolphin hey on the women's side (W2 and 1W pass L). 2s end in the middle, proper, facing up.

B2 2s split the 1s with a handy-hand turn 1½, 1s split 3s with a handy-hand turn 1½. End in order 2-3-1.

Teaching Note: middle couple is active couple until last 4 bars.

Homecoming

Longways duple minor, improper 9/8 Gm Gary Roodman, 1997 B2 p61

A1 Top 2nd corner (Leader) cast, followed by partner. Leader dances around 2s and up the outside, while partner dances up the middle. End in partner's place.

A2 Bottom 2nd corner (Leader) cast up, followed by partner. Leader dances CW across top cu, down and around (orig top 1st c) ending between the 1s while partner follows, dances down middle and around (orig top 2nd c), ending at the end of a line of 4 facing up: (W2 M1 M2 W1).

B1 Line of four lead up 3 steps, turn alone, fall back 3 steps (still moving up the set).

Lines of four lead down 6 steps, end facing neighbor.

B2 Half hey for 4, starting R shoulder to neighbor. Turn neighbor 2 hands $\frac{3}{4}$ to face out, orig 1st c on the L.

C1 Lead out and back. 2nd corner places change. 1st corner places change.

C2 Circle halfway. Partners turn 2 hands.

Leslie's Valentine

Duple longways 6/8 G Scott Higgs, 2001 Tune: Miss Grace Hay's Delight B2 p76

A1 1-8 1st woman set advancing to 2nd man. They both turn single.

Chase: 1st woman cast and cross the set into 2nd man's place, 2nd man following, then 2nd woman moving up. End facing partner on the side.

A2 1-8 Partners set and turn single into a single file CW chase $\frac{3}{4}$, ending 1s below, proper, and 2s above, improper.

B 1-4 1s dance a CW Mad Robin up around the 2s, woman starting up the center, man up the outside.

5-8 Two-hand turns: 1s turn once round, opening to face up in the center of a line of 4, while 2s turn halfway and cast to the ends (all proper).

C 1-4 Lines up a double and fall back, stay in line, facing up.

5-8 All set. 2s gate the 1s to progressed places.

Teaching notes: B2— The dancers may need a reminder to stay in line and set.

Love's Triumph

3 couple longways set 2/2 Bb Dancing Master, 1710 Scott Higgs interpretation, 2019 B1 p69

A1 1-4 Taking hand with partner, 1s and 2s dance forward a double toward neighbor, acknowledge, turn single R to place.

5-8 Those four circle L halfway and turn partner two hands halfway.

A2 1-8 1s and 3s repeat A1, to end 2-3-1.

B1 1-4 1s wide cast up to middle place as 3s lead down.

5-8 All dance back to back with partner, turning single R on last 4 steps*.

9-16 1s and 2s face neighbor on the side for 4 changes of Rights & Lefts.

On the last change, 1s turn L hand $\frac{3}{4}$ to face 1st corners**.

B2 1-8: 1s turn 1st corners R hand, pass each other R shoulder, turn 2nd corners R hand, pass each other R shoulder into 2nd place on original sides, facing partner.

9-16 Partners turn two hands.

1s lead up through 2s and cast to the bottom as the 3s lead up.

Teaching notes:

*B1 7-8— The turn single out of the back-to-back can be omitted if it disorients dancers.

**B1 9-16— Starting Rights & Lefts on the side is unusual, but makes a beautiful transition to B2.

Background: Love's Triumph circulates in many variations, but none of them achieves the popularity deserved by its lovely tune and figures. This version takes appealing elements of earlier reconstructions, smooths out rough spots, and aims to make the charms of this dance accessible to more dancers.

Midwinter Maggot

Longways duple minor 2/2 Dm Gary Roodman, 2010 B3 p93

A1 All up a double and back.

1s cast off one place and meet in the middle of a line of four, while 2s lead up and cast onto the ends of the line.

A2 Line of four up a double and back, bending the line.

Circle halfway, and partners pass through R shoulder (to home place) into:

B1 Circle single-file CW halfway round; all turn single L.

Circle single-file CCW halfway round; all turn single R. All are home.

B2 Partners face for two changes of Rights & Lefts.

Partners 2 hand turn 1½.

Old Wife Behind the Fire

Longways duple minor 2/2 G modal Neal, 1726 Jackson & Fogg 1990 B2 p97

A1 1s set, cast down, turn 2 hands.

A2 2s set, cast down, turn 2 hands.

B1 1s cross, cast to 2nd place.

2s cross, cast to the middle of a line of 4 facing up.

B2 All lead up a double and back, bending the line to improper places, and face partner.

2 changes of a cir. hey (no hands).

Peace Be With You

Longways duple minor 2/2 Am Fried de Metz Herman, 1986 B1 p95

A1 1st corners set (not advancing), change places by the R shoulder;
R hand star halfway; turn single L.

A2 2nd corners set (not advancing); change places by R shoulder;
R hand star halfway; turn single L.

B1 Face partner for 2 changes of Rs & Ls (with hands);
turn partner 2 hands 1½ to end improper.

B2 Circle halfway; fall back slightly with neighbor; 2s gate 1s up and around

Sally in Our Alley

Longways duple minor 3/2 C Walsh 1719, Reconstr by Jacqueline Schwab B1 p114

A1 1st corners dance a ½ figure 8: 1st man cast down while 2nd woman cast up, pass L shoulders in the middle, cast into corner's original place. (12 steps)

A2 2nd corners the same, passing R shoulders.

B1 Neighbors taking hands, all fall back, come forward, pass through,
and loop R to face partner (12 steps), 4 changes of Rights & Lefts.

B2 2nd diagonals (1W, 2M) change L shoulder;

1st diagonals change R shoulder (3 steps each).

Circle L once round to end improper (brisk!—6 steps)

1s cast and turn 2 hands halfway, while 2s turn 2 hands 1½, moving up.

Teaching note: There's not quite enough time for the opening figure, or for the final circle. Sharp casts and a sort of spiral around partner between the A1 and A2 help. The circle needs to be tight and anticipated by the 1st corners.

Ties of Love

Duple longways 3/4 G Jenny Beer, 2018 Tune “The Rose by the Door” by Andrea Hoag, Waltz Book I

A1 1-4 1st corners turn by the R about $\frac{3}{4}$ for 2 waltz steps, and give L hand to neighbor to form a diagonal wavy line of 4 on the 2nd diagonal. Balance forward and back.

5-8 Turn neighbor L about $\frac{3}{4}$, letting go in time for 1st corners to pass around each other L shoulders as they dance back to original places, and stay facing CCW. The other dancers can continue the path of the turn for 2 bars. All end in original place.

A2 1-8 2nd corners turn by the R for 2 bars, and give L hand to partner to form the diagonal line on the 1st diagonal. Finish as in A1. All are home.

B 1-4 Circle R once round.

5-8 1s cast into the center of a line of 4, while 2s lead up and cast to the ends of the line.

9-12 Line of 4 lead up for two full waltz steps, fall back for two waltz steps.

13-16 All set in line. 2s gate the 1s to new place.

Teaching notes: A1 & A2—The balance-in-line should be a slight forward and back, not shoulder wrenching.

Vines Entwined

Duple Longways 3/4 D Dan Blim, 2024 Tune “Last Light” by Ben Schrieber

A1 1 1st woman balance forward as partner balances back.

2-4 1st woman, followed by partner, cast to 2nd place improper.

5-8 Men (on 1st diagonal) set R, cast over L shoulder, dance CCW halfway around into the opposite corner place.

A2 1-4 Women repeat A1 5-8 (same CCW direction).

5 2nd woman balance forward as partner balances back.

6-8 2nd woman, followed by partner, cast up to 1st place.

All are proper and progressed.

B1 1-3 Circle L once round.

4 Partners turn 2 hands halfway, and retain hands.

5-8 Pousette CW halfway, 1st diagonals moving forward, merging into a line of 4 across the dance, 1st woman and 2nd man facing, same-role neighbor behind them.

B2 1-3 Hey -- 3 changes, middles passing L to start.

4 Neighbors Rt shoulder round $\frac{3}{4}$ to finish in original places.

5-8 Neighbors take hands. Set & link.

Teaching notes:

-In A1, Bar 5 and A2, Bar 1, the dancers set R only and then have their L foot free helping them remember which way to cast.

-In A2, Bar 5, the 2nd woman has a satisfying transition between traveling halfway around and the balance toward partner in A2.